



MENU NUTRITIONAL & ALLERGEN GUIDE - 2022

Country Kitchen International (CKI) aims to provide accurate and complete nutrition & allergen information based on information received by our suppliers. Some menu items may not be available at all restaurants. Limited time offers, regional items or test products may not be included. This information is based on approved products and standard recipes, variations with the menu item served may occur due to substitution and product availability in different regions of the country. Please be aware that during normal kitchen operations involving shared cooking and preparation areas, the possibility exists for certain ingredients to come in contact with other food products. CKI makes no warranties on the accuracy of this information or the appropriateness of its use. 2,000 calories a day is used for general nutrition advice, but calorie needs vary.

| Appetizers - Nutritional and Allergen includes default dipping sauce, except Build your Own Sampler Items. | | | | | | | | | | | | | |
|--|--|-------------------|---------------|-------------------|---------------|-------------|------------------|-----------------|-------------------|------------|-------------|-----------|---------|
| Menu Item | Calories | Calories from Fat | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Sodium (mg) | Cholesterol (mg) | Total Carbs (g) | Dietary Fiber (g) | Sugars (g) | Protein (g) | Allergens | |
| Build Your Own Sampler | Brew City® Fries (7 oz) | 590 | 390 | 43 | 7 | 0 | 850 | 0 | 47 | 5 | 0 | 5 | * |
| | Chicken Tenders (3) | 470 | 320 | 36 | 6 | 0 | 870 | 55 | 19 | 1 | 0 | 20 | + * |
| | Fried Cheese Curds (4 oz) | 510 | 330 | 37 | 17 | 0 | 830 | 85 | 21 | 0 | 0 | 19 | + * |
| | Onion Rings (5 oz) | 560 | 400 | 44 | 7 | 0 | 610 | 0 | 39 | 2 | 5 | 3 | + * |
| | Tater Tots (8 oz) | 610 | 380 | 42 | 7 | 0 | 1130 | 0 | 53 | 6 | 0 | 6 | |
| | Zesty Pickle Fries (4 oz) | 300 | 200 | 22 | 4 | 0 | 1340 | 0 | 19 | 3 | 3 | 3 | + * * * |
| | Dipping sauce: Barbecue (2 fl oz) | 140 | 0 | 0 | 0 | 0 | 560 | 0 | 35 | 0 | 31 | 0 | |
| | Dipping sauce: Creamy Garlic (2 fl oz) | 310 | 300 | 33 | 6 | 0 | 420 | 15 | 1 | 0 | 0 | 0 | |
| | Dipping sauce: Frank's RedHot® (2 fl oz) | 0 | 0 | 0 | 0 | 0 | 2280 | 0 | 0 | 0 | 0 | 0 | |
| | Dipping sauce: Honey Mustard (2 fl oz) | 260 | 180 | 20 | 3 | 0 | 600 | 20 | 20 | 0 | 18 | 0 | |
| | Dipping sauce: Ranch (2 fl oz) | 220 | 200 | 22 | 4 | 0 | 310 | 10 | 2 | 0 | 2 | 1 | + * * |
| | Cheezy Bacon Fries (14 oz) | 1620 | 1070 | 119 | 34 | 0 | 3860 | 105 | 103 | 9 | 9 | 33 | + * |
| Loaded Totchos (Beef) | 1420 | 900 | 100 | 38 | 0 | 3580 | 195 | 72 | 8 | 15 | 51 | + * | |
| Loaded Totchos (Chicken) | 1200 | 710 | 78 | 28 | 0 | 3860 | 210 | 72 | 8 | 15 | 48 | + * | |
| Fried Cheese Curds (8 oz) | 1230 | 870 | 97 | 38 | 0 | 1960 | 180 | 43 | 0 | 2 | 40 | + * * * * | |
| Poutine | 1180 | 770 | 86 | 26 | 0 | 2260 | 95 | 75 | 7 | 0 | 24 | + * * * | |
| Poutine w/ Pot Roast | 1380 | 920 | 102 | 33 | 0 | 2650 | 180 | 76 | 7 | 0 | 39 | + * * * | |
| Zesty Pickle Fries (8 oz) | 910 | 700 | 78 | 14 | 0 | 3150 | 15 | 40 | 6 | 6 | 6 | + * * * * | |

| Allergen Key | | | |
|--------------|---|-----------|---|
| Milk | + | Peanuts | ■ |
| Wheat | * | Tree Nuts | ◀ |
| Eggs | ● | Fish | ▲ |
| Soy | ♦ | Shellfish | ✦ |

| Basket Classics - Nutritional and Allergen information includes Brew City® Fries | | | | | | | | | | | | | |
|--|----------|-------------------|---------------|-------------------|---------------|-------------|------------------|-----------------|-------------------|------------|-------------|---------------|--|
| Menu Item | Calories | Calories from Fat | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Sodium (mg) | Cholesterol (mg) | Total Carbs (g) | Dietary Fiber (g) | Sugars (g) | Protein (g) | Allergens | |
| Barbecue Ribs | 1940 | 1070 | 119 | 34 | 0 | 3620 | 380 | 122 | 5 | 62 | 96 | * | |
| Battered Cod | 1360 | 860 | 96 | 15 | 0 | 2420 | 80 | 93 | 5 | 11 | 30 | ● ▲ * * * | |
| Breaded Shrimp | 1330 | 740 | 82 | 14 | 0 | 3490 | 210 | 108 | 5 | 0 | 39 | ▲ * * * * * | |
| Chicken Tenders (no sauce) | 1420 | 980 | 108 | 18 | 0 | 2380 | 95 | 79 | 7 | 0 | 39 | + * * * | |
| Cod & Shrimp | 1670 | 1030 | 115 | 18 | 0 | 3770 | 170 | 119 | 5 | 10 | 39 | ● ▲ * * * * * | |

| Beverages | | | | | | | | | | | | | |
|---|----------|-------------------|---------------|-------------------|---------------|-------------|------------------|-----------------|-------------------|------------|-------------|-----------|--|
| Menu Item | Calories | Calories from Fat | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Sodium (mg) | Cholesterol (mg) | Total Carbs (g) | Dietary Fiber (g) | Sugars (g) | Protein (g) | Allergens | |
| Arnold Palmer (12 fl oz) | 80 | 0 | 0 | 0 | 0 | 5 | 0 | 20 | 0 | 20 | 1 | | |
| Berrylicious Lemonade (15.5 fl oz) | 160 | 0 | 0 | 0 | 0 | 30 | 0 | 41 | 3 | 38 | 1 | | |
| Citrus Splash (12 fl oz) | 150 | 0 | 0 | 0 | 0 | 35 | 0 | 40 | 0 | 37 | 1 | | |
| Coffee - Regular & Decaf (7 fl oz) (no creamer) | 5 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 0 | | |
| Cranberry Iced Tea (12 fl oz) | 70 | 0 | 0 | 0 | 0 | 30 | 0 | 17 | 0 | 17 | 0 | | |
| Cranberry Lemonade (12 fl oz) | 180 | 0 | 0 | 0 | 0 | 20 | 0 | 43 | 0 | 43 | 1 | | |
| Hot Chocolate (7 fl oz) From Packet | 160 | 50 | 6 | 6 | 0 | 140 | 0 | 24 | 0 | 21 | 0 | + * * | |
| Juice, Apple - lg (15.5 fl oz) | 230 | 0 | 0 | 0 | 0 | 20 | 0 | 56 | 0 | 56 | 2 | | |
| Juice, Apple - reg (9.5 fl oz) | 140 | 0 | 0 | 0 | 0 | 10 | 0 | 34 | 0 | 34 | 1 | | |
| Juice, Cranberry - lg (15.5 fl oz) | 250 | 0 | 0 | 0 | 0 | 70 | 0 | 64 | 0 | 64 | 0 | | |
| Juice, Cranberry - reg (9.5 fl oz) | 150 | 0 | 0 | 0 | 0 | 40 | 0 | 39 | 0 | 39 | 0 | | |
| Juice, Orange - lg (15.5 fl oz) | 210 | 0 | 0 | 0 | 0 | 0 | 0 | 52 | 0 | 47 | 2 | | |
| Juice, Orange - reg (9.5 fl oz) | 130 | 0 | 0 | 0 | 0 | 0 | 0 | 32 | 0 | 29 | 1 | | |
| Juice, Tomato - lg (15.5 fl oz) | 100 | 0 | 0 | 0 | 0 | 1300 | 0 | 19 | 4 | 12 | 4 | | |
| Juice, Tomato - reg (9.5 fl oz) | 60 | 0 | 0 | 0 | 0 | 800 | 0 | 12 | 2 | 7 | 2 | | |
| Lemonade (10 fl oz) | 140 | 0 | 0 | 0 | 0 | 0 | 0 | 33 | 0 | 33 | 1 | | |
| Malt, Caramel | 760 | 290 | 32 | 21 | 0 | 410 | 100 | 105 | 0 | 72 | 14 | + * * * | |
| Malt, Chocolate | 760 | 310 | 34 | 21 | 0 | 280 | 100 | 103 | 2 | 62 | 14 | + * * * | |
| Malt, Oreo | 740 | 330 | 37 | 22 | 0 | 350 | 100 | 87 | 1 | 53 | 13 | + * * * | |
| Malt, Strawberry | 680 | 290 | 32 | 21 | 0 | 270 | 100 | 88 | 3 | 60 | 12 | + * * | |
| Malt, Vanilla | 610 | 290 | 32 | 21 | 0 | 240 | 100 | 67 | 0 | 42 | 12 | + * | |
| Milk, Chocolate - lg (15.5 fl oz) | 350 | 45 | 5 | 3 | 0 | 470 | 20 | 57 | 0 | 53 | 16 | + * | |
| Milk, Chocolate - reg (9.5 fl oz) | 210 | 25 | 3 | 2 | 0 | 290 | 15 | 35 | 0 | 33 | 10 | + * | |
| Milk, White - lg (15.5 fl oz) | 240 | 80 | 9 | 6 | 0 | 240 | 40 | 23 | 0 | 0 | 16 | + * | |
| Milk, White - reg (9.5 fl oz) | 150 | 45 | 5 | 3.5 | 0 | 150 | 25 | 14 | 0 | 0 | 10 | + * | |
| Shake, Caramel | 740 | 280 | 31 | 21 | 0 | 390 | 95 | 103 | 0 | 70 | 13 | + * * | |
| Shake, Chocolate | 740 | 300 | 33 | 21 | 0 | 270 | 95 | 101 | 2 | 60 | 13 | + * * * | |
| Shake, Oreo | 720 | 330 | 36 | 22 | 0 | 330 | 95 | 85 | 1 | 51 | 13 | + * * * | |
| Shake, Strawberry | 660 | 280 | 31 | 21 | 0 | 260 | 95 | 86 | 3 | 58 | 12 | + * | |
| Shake, Vanilla | 590 | 280 | 31 | 21 | 0 | 230 | 95 | 65 | 0 | 40 | 12 | + * | |
| Soft Drink, Barq's Root Beer (12 fl oz) | 160 | 0 | 0 | 0 | 0 | 55 | 0 | 44 | 0 | 44 | 0 | | |
| Soft Drink, Coke (12 fl oz) | 140 | 0 | 0 | 0 | 0 | 45 | 0 | 39 | 0 | 39 | 0 | | |
| Soft Drink, Diet Coke (12 fl oz) | 0 | 0 | 0 | 0 | 0 | 40 | 0 | 0 | 0 | 0 | 0 | | |
| Soft Drink, Mr. Pibb (12 fl oz) | 140 | 0 | 0 | 0 | 0 | 55 | 0 | 38 | 0 | 38 | 0 | | |
| Soft Drink, Sprite (12 fl oz) | 140 | 0 | 0 | 0 | 0 | 70 | 0 | 39 | 0 | 38 | 0 | | |
| Tea, Hot (14 fl oz) | 0 | 0 | 0 | 0 | 0 | 15 | 0 | less than 1g | 0 | 0 | 0 | | |

| | | | | | | | | | | | | | | | | | | |
|--------------------------------|----|---|---|---|---|----|---|--------------|---|----|---|--|--|--|--|--|--|--|
| Tea, Iced (12 fl oz) | 0 | 0 | 0 | 0 | 0 | 15 | 0 | less than 1g | 0 | 0 | 0 | | | | | | | |
| Tea, Iced Raspberry (12 fl oz) | 90 | 0 | 0 | 0 | 0 | 50 | 0 | 23 | 0 | 22 | 0 | | | | | | | |

Burgers, Sandwiches & Stackers - Nutritional and allergen information does not include side choice. See "Sides, Add-Ons, Dressings & Sauces" for information on side choices.

| Menu Item | Calories | Calories from Fat | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Sodium (mg) | Cholesterol (mg) | Total Carbs (g) | Dietary Fiber (g) | Sugars (g) | Protein (g) | Allergens |
|--|----------|-------------------|---------------|-------------------|---------------|-------------|------------------|-----------------|-------------------|------------|-------------|-----------|
| Avocado Bacon Burger | 980 | 600 | 67 | 23 | 0 | 1460 | 140 | 44 | 5 | 3 | 46 | ••••• |
| Avocado Jack Wrap | 940 | 480 | 53 | 19 | 0 | 1900 | 185 | 61 | 6 | 2 | 52 | ••••• |
| Aztec Quesadilla Burger | 950 | 490 | 55 | 26 | 0 | 1750 | 160 | 60 | 3 | 5 | 48 | ••••• |
| Bacon Cheeseburger | 860 | 500 | 55 | 22 | 0 | 1620 | 135 | 39 | 2 | 2 | 45 | ••••• |
| Big Bad Bacon Burger | 1530 | 920 | 102 | 42 | 0 | 2470 | 290 | 50 | 2 | 10 | 90 | ••••• |
| Big Country Burger | 1550 | 960 | 107 | 40 | 0 | 2050 | 265 | 53 | 3 | 6 | 82 | ••••• |
| Chicken Bacon Melt-Rye | 790 | 360 | 40 | 16 | 0 | 1540 | 190 | 42 | 3 | 1 | 54 | ••••• |
| Chicken Bacon Melt-Sourdough | 760 | 350 | 39 | 16 | 0 | 1560 | 190 | 42 | less than 1g | 3 | 54 | ••••• |
| Chicken Bacon Melt-Wheat | 820 | 360 | 40 | 16 | 0 | 1640 | 190 | 52 | 3 | 5 | 54 | ••••• |
| Chicken Bacon Melt-White | 730 | 340 | 38 | 16 | 0 | 1540 | 190 | 36 | 1 | 2 | 50 | ••••• |
| Classic Cheeseburger | 770 | 440 | 48 | 19 | 0 | 1290 | 115 | 39 | 2 | 2 | 39 | ••••• |
| Country Avocado BLT-Rye | 610 | 320 | 35 | 9 | 0 | 1100 | 45 | 40 | 6 | 1 | 22 | ••••• |
| Country Avocado BLT-Sourdough | 650 | 310 | 34 | 9 | 0 | 1120 | 45 | 40 | 4 | 3 | 22 | ••••• |
| Country Avocado BLT-Wheat | 710 | 320 | 35 | 9 | 0 | 1200 | 45 | 50 | 6 | 5 | 22 | ••••• |
| Country Avocado BLT-White | 620 | 300 | 34 | 9 | 0 | 1100 | 45 | 34 | 5 | 2 | 21 | ••••• |
| Grilled Cheese, Bacon & Tomato-Rye | 580 | 280 | 32 | 15 | 0 | 1600 | 60 | 40 | 3 | 1 | 25 | ••••• |
| Grilled Cheese, Bacon & Tomato-Sourdough | 550 | 280 | 31 | 15 | 0 | 1620 | 60 | 40 | less than 1g | 3 | 25 | ••••• |
| Grilled Cheese, Bacon & Tomato-Wheat | 610 | 280 | 32 | 15 | 0 | 1700 | 60 | 50 | 3 | 5 | 25 | ••••• |
| Grilled Cheese, Bacon & Tomato-White | 520 | 270 | 30 | 15 | 0 | 1600 | 60 | 34 | 1 | 2 | 25 | ••••• |
| Honey Mustard Chicken Melt-Rye | 830 | 380 | 43 | 14 | 0 | 1510 | 180 | 52 | 3 | 10 | 48 | ••••• |
| Honey Mustard Chicken Melt-Sourdough | 800 | 380 | 42 | 14 | 0 | 1530 | 180 | 52 | less than 1g | 12 | 48 | ••••• |
| Honey Mustard Chicken Melt-Wheat | 860 | 380 | 43 | 14 | 0 | 1610 | 180 | 62 | 3 | 14 | 48 | ••••• |
| Honey Mustard Chicken Melt-White | 770 | 370 | 41 | 14 | 0 | 1510 | 180 | 46 | 1 | 11 | 47 | ••••• |
| Monte Cristo Sandwich | 750 | 240 | 27 | 12 | 0 | 2130 | 220 | 74 | 8 | 18 | 42 | ••••• |
| Mushroom Swiss Burger | 790 | 440 | 49 | 19 | 0 | 1000 | 120 | 40 | 2 | 3 | 42 | ••••• |
| Patty Melt | 870 | 460 | 51 | 22 | 0 | 1030 | 140 | 43 | 3 | 2 | 48 | ••••• |
| Stacker-Meatloaf | 1230 | 650 | 72 | 31 | 2 | 3400 | 220 | 88 | 11 | 13 | 55 | ••••• |
| Stacker-Pot Roast | 760 | 390 | 44 | 17 | 0 | 1790 | 120 | 65 | 9 | 5 | 24 | ••••• |
| Stacker-Turkey | 740 | 280 | 31 | 11 | 0 | 2450 | 130 | 66 | 9 | 7 | 44 | ••••• |
| Reuben | 770 | 380 | 42 | 15 | 0 | 2350 | 105 | 48 | 5 | 10 | 39 | ••••• |
| Roasty & Toasty Melt-Rye | 680 | 330 | 37 | 17 | 0 | 910 | 130 | 43 | 3 | 3 | 37 | ••••• |
| Roasty & Toasty Melt-Sourdough | 650 | 320 | 36 | 17 | 0 | 930 | 130 | 43 | 1 | 5 | 37 | ••••• |
| Roasty & Toasty Melt-Wheat | 710 | 330 | 37 | 17 | 0 | 1010 | 130 | 53 | 3 | 7 | 37 | ••••• |
| Roasty & Toasty Melt-White | 620 | 320 | 36 | 17 | 0 | 910 | 130 | 38 | 2 | 4 | 36 | ••••• |
| Spicy Crispy Chicken Sandwich | 1050 | 630 | 70 | 15 | 0 | 2920 | 90 | 66 | 3 | 4 | 38 | ••••• |

Allergen Key

| | | | |
|-------|---|-----------|---|
| Milk | + | Peanuts | ■ |
| Wheat | * | Tree Nuts | ◀ |
| Eggs | • | Fish | ▲ |
| Soy | ♦ | Shellfish | ⊛ |

Classic Country Breakfasts - Nutritional and Allergen information includes Hash Browns (where applicable), but does NOT include toast and/or side choice(s). See "Sides, Add-ons, Dressings, Sauces" for information on toast and side choices.

| Menu Item | Calories | Calories from Fat | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Sodium (mg) | Cholesterol (mg) | Total Carbs (g) | Dietary Fiber (g) | Sugars (g) | Protein (g) | Allergens |
|---|----------|-------------------|---------------|-------------------|---------------|-------------|------------------|-----------------|-------------------|--------------|-------------|-----------|
| Barn Buster, The (fried eggs) | 520 | 270 | 30 | 8 | 0 | 490 | 760 | 31 | 2 | 0 | 26 | ••••• |
| Barn Buster, The (scrambled eggs) | 460 | 240 | 26 | 7 | 0 | 680 | 495 | 30 | 2 | 2 | 2 | ••••• |
| Beef & Eggs (fried eggs) | 780 | 470 | 52 | 18 | 0 | 670 | 480 | 29 | 2 | 0 | 41 | ••••• |
| Beef & Eggs (scrambled eggs) | 750 | 450 | 50 | 17 | 0 | 770 | 345 | 28 | 2 | less than 1g | 29 | ••••• |
| Biscuits & Sausage Gravy | 970 | 560 | 62 | 23 | 14 | 4200 | 30 | 98 | 2 | 14 | 15 | ••••• |
| Biscuits & Sausage Gravy with Eggs (fried eggs) | 1110 | 630 | 70 | 26 | 14 | 4310 | 410 | 100 | 2 | 14 | 27 | ••••• |
| Biscuits & Sausage Gravy with Eggs (scrambled eggs) | 1080 | 610 | 68 | 25 | 14 | 4400 | 280 | 100 | 2 | 15 | 15 | ••••• |
| Braised Benedict | 1070 | 610 | 68 | 28 | 0 | 1260 | 530 | 71 | 3 | 2 | 36 | ••••• |
| Chicken Fried Chicken & Eggs (fried eggs) | 990 | 590 | 65 | 13 | 2 | 1590 | 445 | 59 | 3 | 2 | 40 | ••••• |
| Chicken Fried Chicken & Eggs (scrambled eggs) | 960 | 570 | 63 | 12 | 2 | 1680 | 315 | 59 | 3 | 3 | 28 | ••••• |
| Country Eggs (fried eggs) | 380 | 200 | 22 | 5 | 0 | 380 | 380 | 29 | 2 | 0 | 14 | ••••• |
| Country Eggs (scrambled eggs) | 350 | 180 | 20 | 4.5 | 0 | 470 | 250 | 28 | 2 | less than 1g | 2 | ••••• |
| Country Fried Steak & Eggs (fried eggs) | 1040 | 660 | 74 | 19 | 2 | 1480 | 660 | 60 | 3 | 1 | 33 | ••••• |
| Country Fried Steak & Eggs (scrambled eggs) | 1010 | 650 | 72 | 18 | 2 | 1580 | 530 | 60 | 3 | 2 | 21 | ••••• |
| Eggs Benedict | 990 | 500 | 56 | 24 | 0 | 2290 | 490 | 77 | 3 | 8 | 37 | ••••• |
| Everybody's Favorite (fried eggs) | 380 | 200 | 22 | 5 | 0 | 380 | 380 | 29 | 2 | 0 | 14 | ••••• |
| Everybody's Favorite (scrambled eggs) | 350 | 180 | 20 | 4.5 | 0 | 470 | 250 | 28 | 2 | less than 1g | 2 | ••••• |
| Monte Cristo Breakfast | 990 | 370 | 41 | 14 | 0 | 2400 | 220 | 101 | 10 | 18 | 43 | ••••• |
| Steak & Eggs Combo with Ribeye (fried eggs) | 940 | 510 | 57 | 18 | 1.5 | 780 | 550 | 32 | 2 | 0 | 70 | ••••• |
| Steak & Eggs Combo with Ribeye (scrambled eggs) | 910 | 500 | 56 | 17 | 1.5 | 880 | 420 | 32 | 2 | less than 1g | 58 | ••••• |

Country Comfort Dinners - Nutritional & Allergen information does not include side choice. See "Sides, Add-Ons, Dressings & Sauces" for information on side choices.

| Menu Item | Calories | Calories from Fat | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Sodium (mg) | Cholesterol (mg) | Total Carbs (g) | Dietary Fiber (g) | Sugars (g) | Protein (g) | Allergens |
|--------------------------|----------|-------------------|---------------|-------------------|---------------|-------------|------------------|-----------------|-------------------|------------|-------------|-----------|
| Barbecue Ribs Dinner | 1350 | 680 | 76 | 27 | 0 | 2690 | 380 | 75 | 0 | 62 | 92 | ••••• |
| Chicken Fried Chicken | 600 | 390 | 43 | 8 | 2 | 1210 | 65 | 30 | less than 1g | 2 | 26 | ••••• |
| Country Fried Steak | 540 | 340 | 38 | 11 | 2 | 1100 | 280 | 32 | 1 | 1 | 19 | ••••• |
| Homemade Meatloaf | 830 | 500 | 56 | 23 | 2 | 2340 | 195 | 37 | 3 | 9 | 47 | ••••• |
| Pot Roast | 540 | 370 | 41 | 16 | 0 | 1120 | 180 | 13 | 2 | 1 | 31 | ••••• |
| Roasted Turkey | 630 | 110 | 12 | 2.5 | 1 | 2830 | 105 | 78 | 5 | 27 | 46 | ••••• |
| Steak Dinner with Ribeye | 670 | 400 | 44 | 14 | 1 | 490 | 170 | 12 | 1 | 1 | 57 | ••••• |

Desserts

| Menu Item | Calories | Calories from Fat | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Sodium (mg) | Cholesterol (mg) | Total Carbs (g) | Dietary Fiber (g) | Sugars (g) | Protein (g) | Allergens |
|---------------------------------------|----------|-------------------|---------------|-------------------|---------------|-------------|------------------|-----------------|-------------------|------------|-------------|-----------|
| Ala Mode, vanilla ice cream (1 scoop) | 90 | 40 | 5 | 2.5 | 0 | 30 | 15 | 10 | 0 | 7 | 1 | • |
| Apple Pie (slice) | 670 | 340 | 38 | 16 | 0 | 630 | 5 | 80 | 4 | 39 | 4 | ••••• |

| | | | | | | | | | | | | | | | | | | | |
|--|-----|-----|----|----|---|-----|-----|-----|--------------|----|----|---|---|---|---|---|---|---|---|
| Cheesecake (plain) | 510 | 320 | 35 | 21 | 1 | 480 | 145 | 42 | 1 | 33 | 8 | ● | + | + | + | + | + | + | + |
| Cheesecake (with Country Baked Apples) | 630 | 330 | 37 | 21 | 1 | 510 | 145 | 67 | 3 | 54 | 8 | ● | + | + | + | + | + | + | + |
| Cheesecake (with strawberry topping) | 580 | 320 | 35 | 21 | 1 | 510 | 145 | 63 | 4 | 51 | 8 | ● | + | + | + | + | + | + | + |
| Chocolate Molten Madness | 810 | 360 | 40 | 22 | 0 | 490 | 80 | 101 | 5 | 64 | 11 | ● | + | + | + | + | + | + | + |
| Malt, Caramel | 760 | 290 | 32 | 21 | 0 | 410 | 100 | 105 | 0 | 72 | 14 | + | + | + | + | + | + | + | + |
| Malt, Chocolate | 760 | 310 | 34 | 21 | 0 | 280 | 100 | 103 | 2 | 62 | 14 | + | + | + | + | + | + | + | + |
| Malt, Oreo | 740 | 330 | 37 | 22 | 0 | 350 | 100 | 87 | 1 | 53 | 13 | + | + | + | + | + | + | + | + |
| Malt, Strawberry | 680 | 290 | 32 | 21 | 0 | 270 | 100 | 88 | 3 | 60 | 12 | + | + | + | + | + | + | + | + |
| Malt, Vanilla | 610 | 290 | 32 | 21 | 0 | 240 | 100 | 67 | 0 | 42 | 12 | + | + | + | + | + | + | + | + |
| Mini Sundae, Caramel | 190 | 70 | 8 | 6 | 0 | 85 | 20 | 29 | 0 | 22 | 2 | + | + | + | + | + | + | + | + |
| Mini Sundae, Chocolate | 190 | 80 | 9 | 6 | 0 | 45 | 20 | 28 | less than 1g | 18 | 2 | + | + | + | + | + | + | + | + |
| Mini Sundae, Turtle | 240 | 120 | 13 | 7 | 0 | 110 | 20 | 30 | less than 1g | 21 | 3 | + | + | + | + | + | + | + | + |
| Old Fashioned Apple Crisp | 590 | 160 | 18 | 8 | 0 | 310 | 35 | 103 | 4 | 78 | 5 | + | + | + | + | + | + | + | + |
| Shake, Caramel | 740 | 280 | 31 | 21 | 0 | 390 | 95 | 103 | 0 | 70 | 13 | + | + | + | + | + | + | + | + |
| Shake, Chocolate | 740 | 300 | 33 | 21 | 0 | 270 | 95 | 101 | 2 | 60 | 13 | + | + | + | + | + | + | + | + |
| Shake, Oreo | 720 | 330 | 36 | 22 | 0 | 330 | 95 | 85 | 1 | 51 | 13 | + | + | + | + | + | + | + | + |
| Shake, Strawberry | 660 | 280 | 31 | 21 | 0 | 260 | 95 | 86 | 3 | 58 | 12 | + | + | + | + | + | + | + | + |
| Shake, Vanilla | 590 | 280 | 31 | 21 | 0 | 230 | 95 | 65 | 0 | 40 | 12 | + | + | + | + | + | + | + | + |
| Sundae, Caramel | 350 | 140 | 15 | 11 | 0 | 170 | 35 | 53 | 0 | 40 | 4 | + | + | + | + | + | + | + | + |
| Sundae, Chocolate | 350 | 140 | 16 | 11 | 0 | 85 | 35 | 52 | 1 | 33 | 4 | + | + | + | + | + | + | + | + |
| Sundae, Hot Fudge | 400 | 190 | 21 | 12 | 2 | 140 | 35 | 52 | 0 | 37 | 4 | + | + | + | + | + | + | + | + |
| Sundae, Oreo | 380 | 180 | 20 | 12 | 0 | 170 | 35 | 48 | 1 | 31 | 4 | + | + | + | + | + | + | + | + |
| Sundae, Strawberry Topping | 330 | 130 | 15 | 11 | 0 | 90 | 35 | 49 | 3 | 38 | 3 | + | + | + | + | + | + | + | + |
| Sundae, Turtle | 460 | 230 | 25 | 12 | 0 | 220 | 35 | 55 | 1 | 39 | 5 | + | + | + | + | + | + | + | + |

Allergen Key

| | | | |
|-------|---|-----------|---|
| Milk | + | Peanuts | ■ |
| Wheat | ★ | Tree Nuts | ◀ |
| Eggs | ● | Fish | ▲ |
| Soy | ♦ | Shellfish | ⊗ |

From the Griddle - Nutritional & Allergen information for items marked with "*" includes butter, but not syrup. See "Sides, Add-ons, Dressing, Sauces" for syrup information. Nutritional & Allergen information for items marked with "+" do not include breakfast meat choice.

| Menu Item | Calories | Calories from Fat | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Sodium (mg) | Cholesterol (mg) | Total Carbs (g) | Dietary Fiber (g) | Sugars (g) | Protein (g) | Allergens | | | | | | | |
|--|----------|-------------------|---------------|-------------------|---------------|-------------|------------------|-----------------|-------------------|------------|-------------|-----------|---|---|---|---|---|---|---|
| Belgian Waffle* | 410 | 180 | 21 | 11 | 0 | 900 | 105 | 47 | 0 | 7 | 7 | ● | + | + | + | + | + | + | + |
| Best Pancakes in Town** | 510 | 180 | 20 | 5 | 0 | 1530 | 75 | 64 | 1 | 13 | 14 | ● | + | + | + | + | + | + | + |
| Cakes, Eggs & Bacon (fried eggs)* | 590 | 270 | 30 | 10 | 0 | 1480 | 450 | 45 | less than 1g | 8 | 27 | ● | + | + | + | + | + | + | + |
| Cakes, Eggs & Bacon (scrambled eggs)* | 560 | 260 | 28 | 9 | 0 | 1580 | 315 | 44 | less than 1g | 9 | 15 | ● | + | + | + | + | + | + | + |
| Chicken & Waffle* | 880 | 510 | 56 | 16 | 0 | 1760 | 165 | 66 | 1 | 7 | 28 | ● | + | + | + | + | + | + | + |
| Cinnamon Apple Swirl Pancakes** | 1020 | 350 | 39 | 11 | 2 | 1750 | 75 | 148 | 6 | 87 | 14 | ● | + | + | + | + | + | + | + |
| Cowboy Crepes | 880 | 420 | 47 | 26 | 0 | 1530 | 605 | 64 | 3 | 15 | 27 | ● | + | + | + | + | + | + | + |
| French Toast* | 890 | 310 | 34 | 7 | 0 | 1120 | 190 | 112 | 12 | 27 | 17 | ● | + | + | + | + | + | + | + |
| French Toast, Eggs & Bacon (fried eggs)* | 880 | 400 | 44 | 12 | 0 | 1200 | 530 | 76 | 8 | 18 | 30 | ● | + | + | + | + | + | + | + |
| French Toast, Eggs & Bacon (scrambled eggs)* | 850 | 380 | 43 | 11 | 0 | 1300 | 400 | 76 | 8 | 18 | 18 | ● | + | + | + | + | + | + | + |
| Strawberry Crepes (fresh strawberries)* | 810 | 390 | 43 | 37 | 0 | 460 | 165 | 92 | 5 | 45 | 14 | ● | + | + | + | + | + | + | + |
| Strawberry Crepes (strawberry topping)* | 900 | 390 | 43 | 37 | 0 | 520 | 165 | 120 | 7 | 74 | 13 | ● | + | + | + | + | + | + | + |
| Strawberry Pancakes (fresh strawberries)** | 660 | 240 | 27 | 12 | 0 | 1530 | 75 | 84 | 5 | 27 | 15 | ● | + | + | + | + | + | + | + |
| Strawberry Pancakes (strawberry topping)** | 750 | 240 | 27 | 12 | 0 | 1590 | 75 | 113 | 7 | 56 | 14 | ● | + | + | + | + | + | + | + |
| Strawberry Waffle (fresh strawberries)* | 560 | 250 | 28 | 18 | 0 | 900 | 105 | 67 | 3 | 22 | 8 | ● | + | + | + | + | + | + | + |
| Strawberry Waffle (strawberry topping)* | 650 | 250 | 28 | 18 | 0 | 960 | 105 | 96 | 6 | 50 | 7 | ● | + | + | + | + | + | + | + |
| Triple Chocolate Pancakes** | 980 | 400 | 44 | 20 | 0 | 1650 | 75 | 131 | 6 | 60 | 16 | ● | + | + | + | + | + | + | + |
| Waffle, Eggs & Bacon (fried eggs)* | 640 | 320 | 36 | 17 | 0 | 1340 | 505 | 49 | 0 | 7 | 25 | ● | + | + | + | + | + | + | + |
| Waffle, Eggs & Bacon (scrambled eggs)* | 610 | 300 | 34 | 16 | 0 | 1430 | 375 | 48 | 0 | 8 | 13 | ● | + | + | + | + | + | + | + |

Kid's Menu - Nutritional & Allergen information for items marked with "*" includes butter, but not syrup. See "Sides, Add-ons, Dressings, Sauces" for syrup information.

| Menu Item | Calories | Calories from Fat | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Sodium (mg) | Cholesterol (mg) | Total Carbs (g) | Dietary Fiber (g) | Sugars (g) | Protein (g) | Allergens | | | | | | | | |
|--|----------|-------------------|---------------|-------------------|---------------|-------------|------------------|-----------------|-------------------|--------------|-------------|-----------|---|---|---|---|---|---|---|--|
| Cake 'n' Egg (scrambled egg)* | 260 | 120 | 13 | 4 | 0 | 650 | 150 | 22 | less than 1g | 5 | 5 | ● | + | + | + | + | + | + | + | |
| Cheesy Omelette | 220 | 130 | 14 | 7 | 0 | 420 | 275 | 3 | 0 | less than 1g | 8 | ● | + | + | + | + | + | + | + | |
| Chicken Sandwich | 470 | 180 | 20 | 5 | 0 | 800 | 120 | 35 | 1 | 1 | 31 | + | + | + | + | + | + | + | + | |
| Chicken Tenders (no sauce) | 470 | 320 | 36 | 6 | 0 | 870 | 55 | 19 | 1 | 0 | 20 | + | + | + | + | + | + | + | + | |
| Cookies & Crème Crepe | 360 | 160 | 18 | 14 | 0 | 210 | 55 | 44 | 1 | 23 | 5 | ● | + | + | + | + | + | + | + | |
| Corn Dog Bites | 380 | 250 | 28 | 6 | 0 | 560 | 35 | 26 | 1 | 6 | 8 | ● | + | + | + | + | + | + | + | |
| Drink - Juice, Apple (9.5 fl oz) | 140 | 0 | 0 | 0 | 0 | 10 | 0 | 34 | 0 | 34 | 1 | | | | | | | | | |
| Drink - Juice, Orange (9.5 fl oz) | 130 | 0 | 0 | 0 | 0 | 0 | 0 | 32 | 0 | 29 | 1 | | | | | | | | | |
| Drink - Lemonade (6 fl oz) | 80 | 0 | 0 | 0 | 0 | 0 | 0 | 20 | 0 | 20 | 1 | | | | | | | | | |
| Drink - Milk, Chocolate (9.5 fl oz) | 210 | 25 | 3 | 2 | 0 | 290 | 15 | 35 | 0 | 33 | 10 | + | | | | | | | | |
| Drink - Milk, White (9.5 fl oz) | 150 | 45 | 5 | 3.5 | 0 | 150 | 25 | 14 | 0 | 0 | 10 | + | | | | | | | | |
| Drink - Soda, Barq's Root Beer (6 fl oz) | 80 | 0 | 0 | 0 | 0 | 25 | 0 | 22 | 0 | 22 | 0 | | | | | | | | | |
| Drink - Soda, Coke (6 fl oz) | 70 | 0 | 0 | 0 | 0 | 20 | 0 | 20 | 0 | 20 | 0 | | | | | | | | | |
| Drink - Soda, Diet Coke (6 fl oz) | 0 | 0 | 0 | 0 | 0 | 25 | 0 | 0 | 0 | 0 | 0 | | | | | | | | | |
| Drink - Soda, Mr. Pibb (6 fl oz) | 70 | 0 | 0 | 0 | 0 | 25 | 0 | 19 | 0 | 19 | 0 | | | | | | | | | |
| Drink - Soda, Sprite (6 fl oz) | 70 | 0 | 0 | 0 | 0 | 35 | 0 | 19 | 0 | 19 | 0 | | | | | | | | | |
| Fishy Stick (with tartar sauce) | 390 | 260 | 29 | 4.5 | 0 | 910 | 45 | 22 | 0 | 9 | 9 | ● | + | + | + | + | + | + | + | |
| French Toasters* | 310 | 80 | 9 | 3 | 0 | 470 | 85 | 43 | 1 | 11 | 8 | ● | + | + | + | + | + | + | + | |
| Grilled Cheese | 370 | 170 | 19 | 10 | 0 | 1100 | 30 | 32 | less than 1g | less than 1g | 15 | + | + | + | + | + | + | + | + | |
| Hamburger | 630 | 360 | 40 | 14 | 0 | 930 | 80 | 36 | 1 | 1 | 26 | + | + | + | + | + | + | + | + | |
| Kid's Sundae, Caramel | 140 | 50 | 5 | 2.5 | 0 | 85 | 15 | 23 | 0 | 17 | 2 | + | + | + | + | + | + | + | + | |
| Kid's Sundae, Chocolate | 140 | 50 | 5 | 2.5 | 0 | 45 | 15 | 22 | less than 1g | 13 | 2 | + | + | + | + | + | + | + | + | |
| Mac & Cheese | 300 | 80 | 9 | 2.5 | 0 | 570 | 15 | 45 | 2 | 8 | 11 | + | + | + | + | + | + | + | + | |
| Mr. Chippy®* | 430 | 230 | 25 | 19 | 0 | 490 | 25 | 49 | 2 | 30 | 5 | ● | + | + | + | + | + | + | + | |
| Oreo® Pack (2 cookies) | 100 | 50 | 5 | 1 | 0 | 85 | 0 | 16 | 1 | 9 | 1 | ♦ | + | + | + | + | + | + | + | |
| Premium Side - Cheese Curds (4 oz) | 510 | 340 | 37 | 17 | 0 | 830 | 85 | 21 | 0 | 0 | 19 | + | + | + | + | + | + | + | + | |
| Premium Side - Pickle Fries (4 oz) | 300 | 200 | 22 | 4 | 0 | 1370 | 0 | 19 | 3 | 3 | 3 | + | + | + | + | + | + | + | + | |
| Side - Bacon Strips (2 slices) | 90 | 60 | 7 | 3 | 0 | 330 | 20 | 1 | 0 | 1 | 6 | + | + | + | + | + | + | + | + | |
| Side - Country Baked Apples (4 oz) | 120 | 20 | 2 | 1 | 0 | 30 | 0 | 25 | 2 | 22 | 0 | + | + | + | + | + | + | + | + | |
| Side - French Fries (4 oz) | 340 | 220 | 25 | 4 | 0 | 620 | 0 | 27 | 3 | 0 | 3 | + | + | + | + | + | + | + | + | |
| Side - Fruit of the Day (4 oz) | | | | | | varies | | | | | | | | | | | | | | |
| Side - Hash Browns (5 oz) | 240 | 120 | 14 | 2.5 | 0 | 270 | 0 | 27 | 2 | 2 | 2 | ♦ | + | + | + | + | + | + | + | |
| Side - Mashed Potatoes (5 oz-no gravy) | 150 | 70 | 8 | 5 | 0 | 460 | 20 | 19 | 2 | 2 | 3 | + | + | + | + | + | + | + | + | |
| Side - Mashed Potatoes with Beef Gravy | 190 | 90 | 10 | 6 | 0 | 710 | 25 | 23 | 3 | 2 | 3 | + | + | + | + | + | + | + | + | |

| | | | | | | | | | | | | | | | | | | | |
|--|-----|-----|----|-----|---|--------|----|----|--------------|--------------|---|---|---|---|---|--|--|--|--------|
| Side - Mashed Potatoes with Country Gravy | 200 | 100 | 11 | 5 | 2 | 730 | 20 | 23 | 2 | 3 | 3 | + | + | + | + | | | | |
| Side - Mashed Potatoes with Turkey Gravy | 190 | 90 | 10 | 5 | 0 | 710 | 25 | 22 | 2 | 2 | 4 | + | + | + | + | | | | |
| Side - Salad (no dressing) | 5 | 0 | 0 | 0 | 0 | 5 | 0 | 2 | less than 1g | less than 1g | 0 | | | | | | | | |
| Side - Oranges, Mandarin (4 oz) | 120 | 0 | 0 | 0 | 0 | 15 | 0 | 27 | 2 | 24 | 2 | | | | | | | | |
| Side - Sausage (2 links) | 200 | 170 | 19 | 7 | 0 | 430 | 35 | 0 | 0 | 0 | 6 | | | | | | | | |
| Side - Tater Tots (4 oz) | 310 | 190 | 21 | 3.5 | 0 | 630 | 0 | 26 | 3 | 0 | 3 | | | | | | | | |
| Side - Toast, rye (2 slices w/butter) | 300 | 80 | 9 | 2 | 0 | 420 | 0 | 38 | 2 | 0 | 8 | + | + | + | + | | | | |
| Side - Toast, sourdough (2 slices with butter) | 260 | 70 | 8 | 2 | 0 | 440 | 0 | 38 | 0 | 2 | 8 | + | + | + | + | | | | |
| Side - Toast, wheat (2 slices with butter) | 320 | 80 | 9 | 2 | 0 | 520 | 0 | 48 | 2 | 4 | 8 | + | + | + | + | | | | |
| Side - Toast, white (2 slices with butter) | 230 | 70 | 7 | 2 | 0 | 420 | 0 | 32 | less than 1g | less than 1g | 7 | + | + | + | + | | | | |
| Side - Vegetable Mix (California Blend, 4 oz) | 40 | 0 | 0 | 0 | 0 | 50 | 0 | 6 | 2 | 4 | 1 | | | | | | | | |
| Side - Vegetable of the Day (4 oz) | | | | | | varies | | | | | | | | | | | | | varies |
| Sour Patch Kids | 140 | 0 | 0 | 0 | 0 | 25 | 0 | 36 | 0 | 25 | 0 | | | | | | | | |

Allergen Key

| | | | |
|-------|---|-----------|---|
| Milk | + | Peanuts | ■ |
| Wheat | * | Tree Nuts | ◀ |
| Eggs | ● | Fish | ▲ |
| Soy | ◆ | Shellfish | ◁ |

Lighter Fare - Nutritional & Allergen information does not include toast and/or side choice(s). Items marked with "*" includes butter but not syrup. See "Sides, Add-ons, Dressing, Sauces" for syrup, toast and side choice information.

| Menu Item | Calories | Calories from Fat | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Sodium (mg) | Cholesterol (mg) | Total Carbs (g) | Dietary Fiber (g) | Sugars (g) | Protein (g) | Allergens |
|--|----------|-------------------|---------------|-------------------|---------------|-------------|------------------|-----------------|-------------------|--------------|-------------|-----------|
| 2 Egg, Ham & Cheese Omelette | 510 | 260 | 29 | 10 | 0 | 1040 | 300 | 30 | 2 | 1 | 17 | ● + ◆ * |
| Breakfast Duo - Cakes & Bacon* | 450 | 200 | 22 | 7 | 0 | 1370 | 70 | 43 | less than 1g | 8 | 23 | ● + ◆ * |
| Breakfast Duo - Cakes & Sausage Links* | 560 | 310 | 34 | 11 | 0 | 1480 | 85 | 43 | less than 1g | 8 | 15 | ● + ◆ * |
| Breakfast Duo - French Toast & Bacon* | 620 | 200 | 22 | 7 | 0 | 1090 | 150 | 75 | 8 | 18 | 18 | ● + ◆ * |
| Breakfast Duo - French Toast & Sausage Links* | 730 | 310 | 34 | 11 | 0 | 1190 | 165 | 75 | 8 | 18 | 18 | ● + ◆ * |
| Breakfast Sampler (fried eggs)* | 460 | 280 | 31 | 9 | 0 | 700 | 220 | 28 | 2 | less than 1g | 14 | ● + ◆ * |
| Breakfast Sampler (scrambled eggs)* | 440 | 270 | 30 | 9 | 0 | 750 | 150 | 28 | 2 | less than 1g | 8 | ● + ◆ * |
| Double-Smothered Chicken | 240 | 110 | 12 | 4 | 0 | 470 | 130 | 2 | less than 1g | less than 1g | 29 | + |
| Lighter Fare Cod | 590 | 380 | 42 | 6 | 0 | 1200 | 65 | 34 | less than 1g | 10 | 17 | ● + ◆ * |
| Lighter Fare French Toast (Country Baked Apples)* | 690 | 180 | 20 | 10 | 0 | 740 | 130 | 107 | 10 | 46 | 12 | ● + ◆ * |
| Lighter Fare French Toast (with fresh strawberries)* | 590 | 150 | 17 | 9 | 0 | 710 | 130 | 88 | 10 | 29 | 12 | ● + ◆ * |
| Lighter Fare French Toast (with strawberry topping)* | 640 | 150 | 17 | 9 | 0 | 740 | 130 | 103 | 11 | 43 | 12 | ● + ◆ * |
| Lighter Fare Meatloaf | 470 | 290 | 32 | 12 | 1 | 1220 | 100 | 23 | 2 | 5 | 24 | ● + ◆ * |
| Lighter Fare Pancakes (with Country Baked Apples)* | 520 | 170 | 19 | 10 | 0 | 1020 | 50 | 75 | 3 | 37 | 9 | ● + ◆ * |
| Lighter Fare Pancakes (with fresh strawberries)* | 430 | 150 | 17 | 9 | 0 | 990 | 50 | 56 | 3 | 19 | 10 | ● + ◆ * |
| Lighter Fare Pancakes (with strawberry topping)* | 470 | 150 | 17 | 9 | 0 | 1020 | 50 | 71 | 4 | 33 | 9 | ● + ◆ * |
| Lighter Fare Turkey | 540 | 90 | 10 | 2 | 0.5 | 2310 | 55 | 77 | 5 | 27 | 28 | ● + ◆ * |
| Lighter Fare Pot Roast | 330 | 220 | 24 | 9 | 0 | 730 | 95 | 13 | 2 | 1 | 16 | + |
| Smothered Chopped Steak | 420 | 280 | 32 | 13 | 0 | 420 | 100 | 4 | less than 1g | less than 1g | 28 | ◆ * |
| Soup & Salad | | | | | | varies | | | | | | varies |

Omelettes - Nutritional & Allergen information includes Hash Brown but does not include side choice(s). See "Sides, Add-ons, Dressing, Sauces" for side choice information and Build your Own Omelette ingredients.

| Menu Item | Calories | Calories from Fat | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Sodium (mg) | Cholesterol (mg) | Total Carbs (g) | Dietary Fiber (g) | Sugars (g) | Protein (g) | Allergens |
|--|----------|-------------------|---------------|-------------------|---------------|-------------|------------------|-----------------|-------------------|------------|-------------|-----------|
| Bacon Avocado Ranch Omelette | 820 | 510 | 57 | 19 | 0 | 1250 | 445 | 35 | 5 | 2 | 23 | ● + ◆ * |
| Build Your Own Omelette (with cheese only) | 630 | 350 | 39 | 15 | 0 | 1000 | 430 | 32 | 2 | 1 | 17 | ● + ◆ * |
| Garden Fresh Omelette | 460 | 210 | 24 | 6 | 0 | 690 | 370 | 41 | 5 | 7 | 5 | ● + ◆ * |
| Ham & Cheese Omelette | 720 | 370 | 41 | 16 | 0 | 1710 | 470 | 32 | 2 | 2 | 32 | ● + ◆ * |
| Meat Lover's Omelette | 920 | 550 | 61 | 23 | 0 | 2150 | 510 | 32 | 2 | 2 | 40 | ● + ◆ * |
| Montana Ranch Omelette | 830 | 470 | 52 | 19 | 0 | 1770 | 470 | 36 | 3 | 4 | 32 | ● + ◆ * |
| Western Omelette | 700 | 360 | 40 | 15 | 0 | 1360 | 450 | 38 | 3 | 4 | 26 | ● + ◆ * |

Sides, Add-ons, Dressings, Sauces

| Menu Item | Calories | Calories from Fat | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Sodium (mg) | Cholesterol (mg) | Total Carbs (g) | Dietary Fiber (g) | Sugars (g) | Protein (g) | Allergens |
|--|----------|-------------------|---------------|-------------------|---------------|-------------|------------------|-----------------|-------------------|--------------|-------------|-----------|
| Avocado, quarter | 80 | 70 | 7 | 1 | 0 | 0 | 0 | 4 | 3 | 0 | 1 | |
| Bacon (1 slice) | 45 | 30 | 3.5 | 1.5 | 0 | 170 | 10 | 0 | 0 | 0 | 3 | |
| Barbeque sauce (2 fl oz) | 140 | 0 | 0 | 0 | 0 | 560 | 0 | 35 | 0 | 31 | 0 | |
| Barn Buster Side - Pancakes (no butter) (4) | 610 | 170 | 19 | 4 | 0 | 1970 | 100 | 85 | 2 | 17 | 19 | ● + ◆ * |
| Barn Buster Side - Toast, Rye (with butter) (4 slices) | 590 | 160 | 18 | 4 | 0 | 840 | 0 | 76 | 4 | 0 | 16 | + |
| Barn Buster Side - Toast, Sourdough (w/butter) (4 slices) | 530 | 140 | 16 | 4 | 0 | 880 | 0 | 76 | 0 | 4 | 16 | + |
| Barn Buster Side - Toast, Wheat (with butter) (4 slices) | 650 | 160 | 18 | 4 | 0 | 1040 | 0 | 96 | 4 | 8 | 16 | + |
| Barn Buster Side - Toast, White (with butter) (4 slices) | 470 | 130 | 15 | 4 | 0 | 840 | 0 | 65 | 2 | 2 | 14 | + |
| Biscuit (with butter) (1) | 290 | 150 | 17 | 9 | 0 | 870 | 0 | 30 | 1 | 2 | 4 | + |
| Biscuit & Country Gravy (1) | 280 | 130 | 15 | 8 | 2 | 1080 | 0 | 35 | 1 | 3 | 4 | + |
| Bleu cheese dressing (1 fl oz) | 140 | 130 | 14 | 2.5 | 0 | 320 | 10 | 2 | 0 | 1 | 0 | ● + ◆ |
| Breakfast Meat Choice - Bacon (4 slices) | 180 | 130 | 14 | 6 | 0 | 660 | 40 | 0 | 0 | 0 | 12 | |
| Breakfast Meat Choice - Ham (4 oz) | 120 | 35 | 4 | 2 | 0 | 1420 | 50 | 6 | 0 | 6 | 16 | |
| Breakfast Meat Choice - Sausage Links (4) | 400 | 340 | 38 | 14 | 0 | 860 | 70 | 0 | 0 | 0 | 12 | |
| Breakfast Meat Choice - Sausage Patties (2) | 320 | 250 | 28 | 10 | 0 | 920 | 80 | 0 | 0 | 0 | 18 | |
| Breakfast Side - Biscuit (no butter) (1) | 230 | 100 | 11 | 7 | 0 | 810 | 0 | 30 | 1 | 2 | 4 | + |
| Breakfast Side - Biscuit (with butter) (1) | 290 | 150 | 17 | 9 | 0 | 870 | 0 | 30 | 1 | 2 | 4 | + |
| Breakfast Side - English Muffin (with butter) (1) | 250 | 70 | 8 | 2 | 0 | 340 | 0 | 38 | 1 | 2 | 7 | + |
| Breakfast Side - Pancakes (no butter) (2) | 300 | 90 | 10 | 2 | 0 | 990 | 50 | 43 | less than 1g | 8 | 9 | ● + ◆ * |
| Breakfast Side - Toast, rye (with butter) (2 slices) | 300 | 80 | 9 | 2 | 0 | 420 | 0 | 38 | 2 | 0 | 8 | + |
| Breakfast Side - Toast, sourdough (with butter) (2 slices) | 260 | 70 | 8 | 2 | 0 | 440 | 0 | 38 | 0 | 2 | 8 | + |
| Breakfast Side - Toast, wheat (with butter) (2 slices) | 320 | 80 | 9 | 2 | 0 | 520 | 0 | 48 | 2 | 4 | 8 | + |
| Breakfast Side - Toast, white (with butter) (2 slices) | 230 | 70 | 7 | 2 | 0 | 420 | 0 | 32 | less than 1g | less than 1g | 7 | + |
| Brew City Fries, side (7 oz) | 590 | 390 | 43 | 7 | 0 | 850 | 0 | 47 | 5 | 0 | 5 | * |
| Build Your Own Omelette Ingredient - Avocado | 80 | 70 | 7 | 1 | 0 | 0 | 0 | 4 | 3 | 0 | 1 | |
| Build Your Own Omelette Ingredient - Bacon | 45 | 30 | 3.5 | 1.5 | 0 | 170 | 10 | 0 | 0 | 0 | 3 | |
| Build Your Own Omelette Ingredient - Broccoli | 15 | 0 | 0 | 0 | 0 | 100 | 0 | 3 | 1 | less than 1g | 1 | |
| Build Your Own Omelette Ingredient - Green Pepper | 5 | 0 | 0 | 0 | 0 | 0 | 0 | 2 | less than 1g | less than 1g | 0 | |
| Build Your Own Omelette Ingredient - Ham | 45 | 10 | 1 | 0 | 0 | 360 | 20 | less than 1g | 0 | 0 | 8 | |
| Build Your Own Omelette Ingredient - Mushrooms | 10 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | less than 1g | 1 | |
| Build Your Own Omelette Ingredient - Onion | 15 | 0 | 0 | 0 | 0 | 0 | 0 | 4 | less than 1g | 2 | 1 | |

| | | | | | | | | | | | | | | | | | | | |
|---|-----|-----|----|-----|-----|--------|-----|--------------|--------------|--------------|----|---|---|--|--|--|--|--|--|
| Build Your Own Omelette Ingredient - Sausage | 160 | 130 | 14 | 5 | 0 | 460 | 40 | 0 | 0 | 0 | 9 | | | | | | | | |
| Build Your Own Omelette Ingredient - Tomato | 10 | 0 | 0 | 0 | 0 | 0 | 0 | 2 | less than 1g | 1 | 0 | | | | | | | | |
| Burger & Sandwich Side - Brew City Fries (7 oz) | 590 | 390 | 43 | 7 | 0 | 850 | 0 | 47 | 5 | 0 | 5 | * | | | | | | | |
| Burger & Sandwich Side - Tater Tots (8 oz) | 610 | 380 | 42 | 7 | 0 | 1130 | 0 | 53 | 6 | 0 | 6 | | | | | | | | |
| Burger & Sandwich Side - Mac & Cheese (8 oz) | 550 | 240 | 27 | 17 | 0 | 1700 | 85 | 52 | 2 | 11 | 25 | + | * | | | | | | |
| Burger & Sandwich Side - Onion Rings (5 oz) | 550 | 390 | 44 | 7 | 0 | 610 | 0 | 39 | 2 | 5 | 3 | + | * | | | | | | |
| Butter, side (1 T) | 60 | 50 | 6 | 2 | 0 | 55 | 0 | 0 | 0 | 0 | 0 | + | * | | | | | | |
| Caramel sauce (3 T) | 150 | 0 | 0 | 0 | 0 | 170 | 0 | 38 | 0 | 30 | 2 | + | * | | | | | | |
| Cheese sauce (2 fl oz) | 180 | 120 | 13 | 9 | 0 | 830 | 45 | 5 | 0 | 4 | 9 | + | * | | | | | | |
| Cheese, American (1 slice) | 70 | 50 | 6 | 4 | 0 | 340 | 15 | 0 | 0 | 0 | 4 | + | * | | | | | | |
| Cheese, bacon & onion hash brown topper | 170 | 100 | 11 | 6 | 0 | 380 | 40 | 5 | less than 1g | 2 | 11 | + | * | | | | | | |
| Cheese, bleu cheese crumble (1/4 C) | 100 | 70 | 8 | 5 | 0 | 380 | 20 | 0 | 0 | 0 | 6 | + | * | | | | | | |
| Cheese, four-cheese blend (1/4 C) | 110 | 70 | 8 | 4.5 | 0 | 210 | 30 | 1 | 0 | 0 | 8 | + | * | | | | | | |
| Cheese, pepper jack (1 slice) | 50 | 40 | 5 | 3 | 0 | 90 | 15 | 0 | 0 | 0 | 4 | + | * | | | | | | |
| Cheese, Swiss (1 slice) | 80 | 50 | 6 | 4 | 0 | 45 | 20 | 0 | 0 | 0 | 6 | + | * | | | | | | |
| Chicken thigh, grilled & sliced (4 oz) | 180 | 70 | 8 | 2 | 0 | 360 | 115 | 0 | 0 | 0 | 24 | | | | | | | | |
| Chocolate sauce (3 T) | 150 | 15 | 2 | 0 | 0 | 40 | 0 | 36 | 2 | 20 | 2 | + | * | | | | | | |
| Cinnamon sauce (2 oz) | 280 | 180 | 20 | 4.5 | 4.5 | 190 | 0 | 27 | 1 | 25 | 0 | + | * | | | | | | |
| Cocktail sauce (2 fl oz) | 70 | 0 | 0 | 0 | 0 | 720 | 0 | 15 | less than 1g | 0 | 1 | | | | | | | | |
| Corned Beef Hash (8 oz) | 420 | 230 | 26 | 11 | 0 | 1560 | 55 | 29 | 5 | 2 | 20 | | | | | | | | |
| Country Baked Apples, side (4 oz) | 120 | 20 | 2 | 1 | 0 | 30 | 0 | 25 | 2 | 22 | 0 | + | * | | | | | | |
| Country Gravy (2 fl oz) | 45 | 30 | 4 | 0.5 | 2 | 270 | 0 | 5 | 0 | 1 | 0 | + | * | | | | | | |
| Country Sausage Gravy (4 fl oz) | 260 | 180 | 20 | 4.5 | 7 | 1290 | 15 | 19 | 0 | 5 | 4 | + | * | | | | | | |
| Creamy garlic sauce (2 fl oz) | 310 | 300 | 33 | 6 | 0 | 420 | 15 | 1 | 0 | 0 | 0 | + | * | | | | | | |
| Dinner Side - Country Baked Apples (4 oz) | 120 | 20 | 2 | 1 | 0 | 30 | 0 | 25 | 2 | 22 | 0 | + | * | | | | | | |
| Dinner Side - Fruit of the Day (4 oz) | | | | | | varies | | | | | | | | | | | | | |
| Dinner Side - Mac & Cheese (8 oz) | 550 | 240 | 27 | 17 | 0 | 1700 | 85 | 52 | 2 | 11 | 25 | + | * | | | | | | |
| Dinner Side - Mashed Potatoes (no gravy) (5 oz) | 150 | 70 | 8 | 5 | 0 | 460 | 20 | 19 | 2 | 2 | 3 | + | * | | | | | | |
| Dinner Side - Salad (no dressing) | 60 | 20 | 2 | 1 | 0 | 70 | 5 | 7 | 2 | 4 | 4 | + | * | | | | | | |
| Dinner Side - Seasoned Diced Red Potatoes (6 oz) | 220 | 60 | 7 | 1.5 | 0 | 150 | 0 | 34 | 3 | 2 | 4 | + | * | | | | | | |
| Dinner Side - Steamed Broccoli (4 oz) | 40 | 0 | 0 | 0 | 0 | 300 | 0 | 8 | 4 | 2 | 3 | | | | | | | | |
| Egg whites, scrambled (1) | 25 | 0 | 0 | 0 | 0 | 75 | 0 | 0 | 0 | 0 | 0 | + | * | | | | | | |
| Egg, fried (1) | 70 | 35 | 4 | 1.5 | 0 | 55 | 190 | 1 | 0 | 0 | 6 | + | * | | | | | | |
| Egg, scrambled (1) | 50 | 30 | 3 | 1 | 0 | 105 | 125 | less than 1g | 0 | 0 | 0 | + | * | | | | | | |
| English muffin (with butter) (1) | 250 | 70 | 8 | 2 | 0 | 340 | 0 | 38 | 1 | 2 | 7 | + | * | | | | | | |
| Frank's RedHot® sauce (2 fl oz) | 0 | 0 | 0 | 0 | 0 | 2280 | 0 | 0 | 0 | 0 | 0 | | | | | | | | |
| French dressing (1 fl oz) | 110 | 80 | 9 | 1.5 | 0 | 290 | 0 | 10 | 0 | 9 | 0 | | | | | | | | |
| French toast (no butter) (1 piece) | 260 | 80 | 9 | 1.5 | 0 | 330 | 45 | 35 | 4 | 7 | 6 | + | * | | | | | | |
| Fried Cheese Curds, premium side (no sauce) (4 oz) | 510 | 340 | 37 | 17 | 0 | 830 | 85 | 21 | 0 | 0 | 19 | + | * | | | | | | |
| Fruit of the Day, side (4 oz) | | | | | | varies | | | | | | | | | | | | | |
| Gravy, Beef (2 fl oz) | 40 | 25 | 3 | 1 | 0 | 250 | 5 | 4 | 1 | 0 | 0 | + | * | | | | | | |
| Gravy, Country (2 fl oz) | 45 | 30 | 4 | 0.5 | 2 | 270 | 0 | 5 | 0 | 1 | 0 | + | * | | | | | | |
| Gravy, Sausage (4 fl oz) | 260 | 180 | 20 | 4.5 | 7 | 1290 | 15 | 19 | 0 | 5 | 4 | + | * | | | | | | |
| Gravy, Turkey (2 fl oz) | 35 | 20 | 2 | 0.5 | 0 | 250 | 5 | 3 | 0 | 0 | 1 | + | * | | | | | | |
| Ham, diced (1/4 C) | 45 | 10 | 1 | 0.5 | 0 | 360 | 20 | 0 | 0 | 0 | 8 | | | | | | | | |
| Hash browns (5 oz) | 240 | 120 | 14 | 2.5 | 0 | 270 | 0 | 27 | 2 | 0 | 2 | + | * | | | | | | |
| Hollandaise sauce (4 fl oz) | 230 | 200 | 22 | 14 | 0 | 150 | 60 | 4 | 0 | 0 | 0 | + | * | | | | | | |
| Honey Mustard dressing (1 fl oz) | 130 | 90 | 10 | 1.5 | 0 | 300 | 10 | 10 | 0 | 9 | 0 | + | * | | | | | | |
| Mac & Cheese, side (8 oz) | 550 | 240 | 27 | 17 | 0 | 1700 | 85 | 52 | 2 | 11 | 25 | + | * | | | | | | |
| Mashed Potatoes, side (no gravy) (5 oz) | 150 | 70 | 8 | 5 | 0 | 460 | 20 | 19 | 2 | 2 | 3 | + | * | | | | | | |
| Mayo (2 fl oz) | 400 | 400 | 44 | 8 | 0 | 260 | 20 | 0 | 0 | 0 | 0 | + | * | | | | | | |
| Mushrooms, sliced (1/4 C) | 4 | 0 | 0 | 0 | 0 | 0 | 0 | less than 1g | 0 | 0 | 1 | | | | | | | | |
| Onion Rings, side (5 oz) | 550 | 390 | 44 | 7 | 0 | 610 | 0 | 39 | 2 | 5 | 3 | + | * | | | | | | |
| Onion, diced (1/4 C) | 15 | 0 | 0 | 0 | 0 | 0 | 0 | 4 | less than 1g | 2 | 1 | | | | | | | | |
| Oreo® pieces (1/4 C) | 130 | 45 | 5 | 1.5 | 0 | 105 | 0 | 20 | 1 | 11 | 1 | + | * | | | | | | |
| Pancake (no butter) (1) | 150 | 45 | 5 | 1 | 0 | 490 | 25 | 21 | less than 1g | 4 | 5 | + | * | | | | | | |
| Pancakes, side (no butter) (2) | 310 | 90 | 10 | 2 | 1 | 990 | 50 | 43 | less than 1g | 8 | 9 | + | * | | | | | | |
| Premium Side - Cheezy Bacon Fries (7 oz) | 830 | 550 | 61 | 18 | 0 | 2010 | 55 | 52 | 5 | 5 | 23 | + | * | | | | | | |
| Premium Side - Cheesy Curds (no sauce) (4 oz) | 510 | 340 | 37 | 17 | 0 | 830 | 85 | 21 | 0 | 0 | 19 | + | * | | | | | | |
| Premium Side - Zesty Pickle Fries (no sauce) (4 oz) | 300 | 200 | 22 | 4 | 0 | 1370 | 0 | 19 | 3 | 3 | 3 | + | * | | | | | | |
| Ranch dressing (1 fl oz) | 110 | 100 | 11 | 2 | 0 | 160 | 5 | less than 1g | 0 | less than 1g | 1 | + | * | | | | | | |
| Raspberry vinaigrette dressing (1 fl oz) | 150 | 110 | 12 | 2 | 0 | 70 | 0 | 12 | 0 | 12 | 0 | | | | | | | | |
| Salad, side (no dressing) | 60 | 20 | 2 | 1 | 0 | 70 | 5 | 7 | 2 | 4 | 4 | + | * | | | | | | |
| Salsa (2 fl oz) | 20 | 0 | 0 | 0 | 0 | 500 | 0 | 6 | 2 | 4 | 0 | | | | | | | | |
| Sausage Gravy (4 fl oz) | 260 | 180 | 20 | 4.5 | 7 | 1290 | 15 | 19 | 0 | 5 | 4 | + | * | | | | | | |
| Sausage link (1) | 100 | 90 | 10 | 3.5 | 0 | 220 | 20 | 0 | 0 | 0 | 3 | | | | | | | | |
| Sausage patty (1) | 160 | 130 | 14 | 5 | 0 | 460 | 40 | 0 | 0 | 0 | 9 | | | | | | | | |
| Seasoned Diced Red Potatoes, side (6 oz) | 220 | 60 | 7 | 1.5 | 0 | 150 | 0 | 34 | 3 | 3 | 4 | + | * | | | | | | |
| Steamed Broccoli, side (4 oz) | 40 | 0 | 0 | 0 | 0 | 300 | 0 | 8 | 4 | 2 | 3 | | | | | | | | |
| Strawberries, fresh - Full Stack topper (6 oz) | 60 | 0 | 0 | 0 | 0 | 0 | 0 | 13 | 3 | 8 | 1 | | | | | | | | |
| Strawberries, fresh - Short Stack topper (3 oz) | 30 | 0 | 0 | 0 | 0 | 0 | 0 | 7 | 2 | 4 | 1 | | | | | | | | |
| Strawberry topping (3 oz) | 80 | 0 | 0 | 0 | 0 | 30 | 0 | 21 | 3 | 18 | 0 | | | | | | | | |
| Syrup, maple flavor (1 oz) | 90 | 0 | 0 | 0 | 0 | 30 | 0 | 25 | 0 | 9 | 0 | | | | | | | | |
| Syrup, maple flavor, sugar-free (1 oz) | 15 | 0 | 0 | 0 | 0 | 30 | 0 | 4 | 0 | 0 | 0 | | | | | | | | |
| Tartar sauce (2 fl oz) | 320 | 310 | 34 | 5 | 0 | 340 | 30 | 2 | 0 | 2 | 0 | + | * | | | | | | |
| Thousand Island dressing (1 fl oz) | 140 | 120 | 13 | 2 | 0 | 260 | 10 | 6 | 0 | 6 | 0 | + | * | | | | | | |
| Toast, rye (with butter) (2 slices) | 300 | 80 | 9 | 2 | 0 | 420 | 0 | 38 | 2 | 0 | 8 | + | * | | | | | | |
| Toast, sourdough (with butter) (2 slices) | 260 | 70 | 8 | 2 | 0 | 440 | 0 | 38 | 0 | 2 | 8 | + | * | | | | | | |
| Toast, wheat (with butter) (2 slices) | 320 | 80 | 9 | 2 | 0 | 520 | 0 | 48 | 2 | 4 | 8 | + | * | | | | | | |
| Toast, white (with butter) (2 slices) | 230 | 70 | 7 | 2 | 0 | 420 | 0 | 32 | less than 1g | less than 1g | 7 | + | * | | | | | | |
| Tomato, diced (1/4 C) | 10 | 0 | 0 | 0 | 0 | 0 | 0 | 2 | 0 | 1 | 0 | | | | | | | | |
| Tomato, slice (1) | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | less than 1g | 0 | | | | | | | | |
| Vanilla icing (1 oz) | 120 | 35 | 4 | 2.5 | 0 | 60 | 0 | 20 | 0 | 19 | 0 | + | * | | | | | | |
| Whipped topping (1 oz) | 90 | 60 | 7 | 7 | 0 | 0 | 0 | 7 | 0 | 7 | 0 | + | * | | | | | | |
| Zesty Pickle Fries, premium side (no sauce) (4 oz) | 300 | 200 | 22 | 4 | 0 | 1370 | 0 | 19 | 3 | 3 | 3 | + | * | | | | | | |

Allergen Key

| | | | |
|-------|---|-----------|---|
| Milk | + | Peanuts | ■ |
| Wheat | * | Tree Nuts | ◀ |
| Eggs | • | Fish | ▲ |
| Soy | ♦ | Shellfish | ⊗ |

Allergen Key

| | | | |
|-------|---|-----------|---|
| Milk | + | Peanuts | ■ |
| Wheat | * | Tree Nuts | ◀ |
| Eggs | ● | Fish | ▲ |
| Soy | ◆ | Shellfish | ⊗ |

| Skillet Breakfasts - Nutritional & Allergen information does not include side choice(s). See "Sides, Add-ons, Dressing, Sauces" for side choice information. | | | | | | | | | | | | | |
|--|----------|-------------------|---------------|-------------------|---------------|-------------|------------------|-----------------|-------------------|------------|-------------|-----------|---|
| Menu Item | Calories | Calories from Fat | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Sodium (mg) | Cholesterol (mg) | Total Carbs (g) | Dietary Fiber (g) | Sugars (g) | Protein (g) | Allergens | |
| B&G Benedict Skillet | 1450 | 910 | 101 | 31 | 14 | 4680 | 490 | 97 | 3 | 12 | 43 | ● | + |
| Breakfast Tot Scrambler | 1050 | 680 | 76 | 19 | 0 | 2040 | 300 | 60 | 9 | 2 | 21 | ● | + |
| Cordon Bleu Skillet | 1020 | 660 | 73 | 27 | 0 | 1610 | 390 | 46 | 3 | 1 | 29 | ● | + |
| Country's Best Skillet, The | 700 | 400 | 44 | 15 | 0 | 1720 | 335 | 36 | 3 | 4 | 27 | ● | + |
| Farm Skillet® (fried eggs) | 570 | 320 | 36 | 10 | 0 | 840 | 420 | 34 | 3 | 3 | 23 | ● | + |
| Farm Skillet® (scrambled eggs) | 540 | 310 | 34 | 10 | 0 | 940 | 290 | 34 | 3 | 4 | 11 | ● | + |
| Skillet Scramble | 820 | 450 | 50 | 24 | 0 | 3560 | 385 | 44 | 2 | 15 | 36 | ● | + |

| Salad & Soup - Nutritional & Allergen information for salads do not include dressing. See "Sides, Add-ons, Dressing, Sauces" for dressing information | | | | | | | | | | | | | |
|---|----------|-------------------|---------------|-------------------|---------------|-------------|------------------|-----------------|-------------------|------------|-------------|-----------|---|
| Menu Item | Calories | Calories from Fat | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Sodium (mg) | Cholesterol (mg) | Total Carbs (g) | Dietary Fiber (g) | Sugars (g) | Protein (g) | Allergens | |
| Chicken BLT Salad | 340 | 140 | 16 | 5 | 0 | 730 | 135 | 17 | 5 | 10 | 34 | | |
| Country Cobb Salad | 420 | 190 | 21 | 7 | 0 | 980 | 260 | 24 | 8 | 11 | 36 | ● | + |
| Cranberry Pecan Harvest Salad | 460 | 250 | 27 | 6 | 0 | 580 | 20 | 45 | 7 | 32 | 13 | ● | + |
| Our Own Baked Potato Soup, Bowl | 370 | 180 | 20 | 9 | 0 | 1370 | 50 | 28 | 3 | 4 | 15 | ● | + |
| Our Own Baked Potato Soup, Cup | 180 | 90 | 10 | 4.5 | 0 | 690 | 25 | 14 | 1 | 2 | 8 | ● | + |

| Specialty Coffee - At participating locations. | | | | | | | | | | | | | |
|---|----------|-------------------|---------------|-------------------|---------------|-------------|------------------|-----------------|-------------------|------------|-------------|-----------|---|
| Menu Item | Calories | Calories from Fat | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Sodium (mg) | Cholesterol (mg) | Total Carbs (g) | Dietary Fiber (g) | Sugars (g) | Protein (g) | Allergens | |
| Cappuccino (10 fl oz) | 110 | 25 | 2.5 | 2.5 | 0 | 90 | 5 | 14 | less than 1g | 10 | 4 | + | |
| Cappuccino, Iced (12 fl oz) | 200 | 80 | 9 | 8 | 0 | 200 | 15 | 39 | less than 1g | 9 | 6 | + | ◆ |
| Caramel Marshmallow Latte (10 fl oz) | 380 | 100 | 11 | 11 | 0 | 230 | 5 | 57 | less than 1g | 48 | 8 | + | ◆ |
| Caramel Marshmallow Latte, Iced (12 fl oz) | 270 | 80 | 9 | 8 | 0 | 160 | 15 | 38 | 1 | 27 | 6 | + | ◆ |
| Cinnamon Roll Latte (10 fl oz) | 380 | 100 | 11 | 11 | 0 | 230 | 5 | 59 | less than 1g | 49 | 8 | + | ◆ |
| Cinnamon Roll Latte, Iced (12 fl oz) | 270 | 80 | 9 | 8 | 0 | 160 | 15 | 39 | less than 1g | 28 | 6 | + | ◆ |
| Espresso, shot (2 fl oz) | 5 | 0 | 0 | 0 | 0 | 0 | 0 | less than 1g | less than 1g | 0 | 0 | | |
| German Chocolate Mocha (10 fl oz) | 280 | 70 | 8 | 8 | 0 | 170 | less than 5mg | 45 | less than 1g | 39 | 3 | + | ◆ |
| German Chocolate Mocha, Iced (12 fl oz) | 320 | 80 | 9 | 8 | 0 | 230 | 10 | 50 | less than 1g | 46 | 7 | + | ◆ |
| Gourmet Hot Chocolate (10 fl oz) | 230 | 70 | 7 | 7 | 0 | 240 | 0 | 37 | 2 | 32 | 3 | + | |
| Iced Coffee (12 fl oz) | 10 | 0 | 0 | 0 | 0 | 10 | 0 | 1 | 1 | 0 | 0 | | |
| Latte (10 fl oz) | 210 | 45 | 5 | 5 | 0 | 160 | 5 | 29 | less than 1g | 21 | 8 | + | |
| Latte, Iced (12 fl oz) | 200 | 80 | 9 | 8 | 0 | 110 | 15 | 20 | less than 1g | 9 | 6 | + | ◆ |
| Mocha (10 fl oz) | 100 | 15 | 1.5 | 1.5 | 0 | 130 | 0 | 17 | less than 1g | 14 | 3 | + | |
| Mocha, Iced (12 fl oz) | 240 | 70 | 8 | 7 | 0 | 200 | 10 | 34 | less than 1g | 29 | 7 | + | ◆ |
| Peanut Butter Crunch Mocha (10 fl oz) | 270 | 70 | 7 | 7 | 0 | 200 | less than 5mg | 47 | less than 1g | 40 | 3 | + | ◆ |
| Peanut Butter Crunch Mocha, Iced (12 fl oz) | 310 | 70 | 8 | 7 | 0 | 270 | 10 | 51 | less than 1g | 47 | 7 | + | ◆ |
| Salted Caramel Mocha (10 fl oz) | 270 | 70 | 7 | 7 | 0 | 200 | less than 5mg | 47 | less than 1g | 40 | 3 | + | ◆ |
| Salted Caramel Mocha, Iced (12 fl oz) | 310 | 70 | 8 | 7 | 0 | 300 | 10 | 52 | less than 1g | 47 | 7 | + | ◆ |
| Syrup/Flavor, cinnamon (one shot/0.75 oz) | 80 | 0 | 0 | 0 | 0 | 0 | 0 | 19 | 0 | 18 | 0 | | |
| Syrup/Flavor, coconut (one shot/0.75 oz) | 70 | 0 | 0 | 0 | 0 | 0 | 0 | 17 | 0 | 17 | 0 | | |
| Syrup/Flavor, English toffee (one shot/0.75 oz) | 70 | 0 | 0 | 0 | 0 | 10 | 0 | 16 | 0 | 16 | 0 | ◀ | |
| Syrup/Flavor, French vanilla (one shot/0.75 oz) | 90 | 0 | 0 | 0 | 0 | 0 | 0 | 22 | 0 | 22 | 0 | | |
| Syrup/Flavor, hazelnut (one shot/0.75 oz) | 60 | 0 | 0 | 0 | 0 | 5 | 0 | 15 | 0 | 15 | 0 | ◀ | |
| Syrup/Flavor, Irish cream (one shot/0.75 oz) | 70 | 0 | 0 | 0 | 0 | 0 | 0 | 16 | 0 | 16 | 0 | | |
| Syrup/Flavor, marshmallow (one shot/0.75 oz) | 70 | 0 | 0 | 0 | 0 | 0 | 0 | 17 | 0 | 16 | 0 | | |
| Syrup/Flavor, peanut butter (one shot/0.75 oz) | 80 | 0 | 0 | 0 | 0 | 100 | 0 | 19 | 0 | 18 | 0 | ■ | |
| Syrup/Flavor, salted caramel (one shot/0.75 oz) | 80 | 0 | 0 | 0 | 0 | 105 | 0 | 18 | 0 | 18 | 0 | | |